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Ob-Gyn Insights & Advice: From Pregnancy to Menopause

**"CHANGE IS NOT
EASY, BUT
GOING THROUGH
'THE CHANGE' IS
A NATURAL PART
OF AGING!"**

From perimenopause to postmenopause, and everything in between, this book offers practical, fact-based information that will be your guide through this daunting period of womanhood.

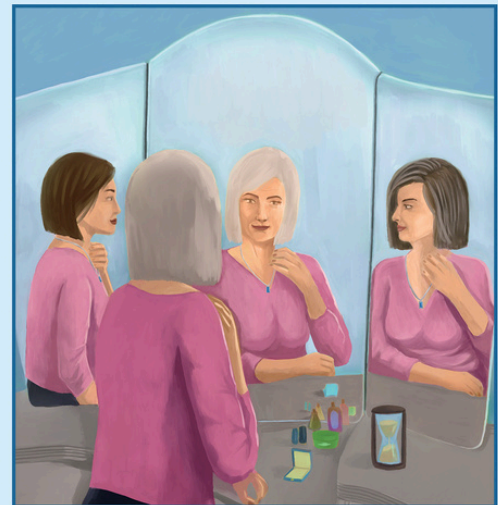
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Menopause

2nd Edition



Dr. Heather L. Johnson

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